FELLOWSHIP DETAILS

This is a programme of specialised postgraduate training for clinicians which will enable the graduate of such a programme to properly asses and manage patients with acute & chronic pain of all types and to understand the sciences basic to the practice of pain management.

We have been conducting 6 months fellowship from 2016. We take two fellows every year one in January & another in July. They participate in all activities of outpatient, inpatient, and interventions area along with other scientific activities. They will be exposed to interventions in both acute and chronic pain. We have excellent manikins to train the fellows in interventions for to help in Sonoanatomy & Fluoroscopy options. They have to maintain a logbook, which they submit at the end of their training. The programme is widely acclaimed all over the world including World Federation of Societies of Anaesthesiologists.

Curriculum

- 1. Medical diagnosis and therapy
- 2. Psychologic diagnosis and therapy
- 3. Pharmacotherapy
- 4. Specific types of painful conditions5. Regional pain syndromes
- 6. Interventional Pain Management
- 7. Other topics
 - a) Radiology
 - b) Physiotherapy
 - c) Rehabilitation
 - d) Alternative therapies
 - e) Palliative care and end of life issues

Statistics

- a) Outpatients We see about 600 new patients for chronic pain management and about same number of patients come for follow up.
- b) Inpatients We manage our chronic pain patients either as day-care or as inpatient, for comprehensive management. We also provide palliative care and end of life care for terminally ill patients.
 - c) Acute Pain In the acute pain setting we predominantly manage postoperative pain and pain in emergency room. We manage about 1000 patients annually for acute pain. Our dedicated young team gel well to provide a quality service.

So far we have trained 7 candidates in fellowship in pain management programme from 2016. Candidates are selected by World Federation of Anaesthesiologists by going through their applications, credentials & need. We had candidates from Nepal, Zimbabwe, Mongolia, Egypt, Bangladesh, Tanzania, Ethiopia and other countries. The programme has helped the candidates gain immense knowledge in both theory and practical which they are able to implement in their own countries to help the public in general.

These are some of the features about our centre and the facilities offered. Once again, we would like to express that we are happy to share this information & looking forward for further interaction. We are confident that the trainees will have a memorable experience of academic excellence.

Thanking you

Yours

Dr Muralidhar Joshi

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